

Families Leading Change
Positive Pathways

the
In Conversation
Series



Who is this for:

The series is for Parents, Siblings, Relatives, Friends, Advocates supporting a loved one with an intellectual disability.

What can it help with:

Those searching or on a new path.

This could be attached to a personalised budget, a transition from school, a move into employment, development of a micro-business, or moving into the community.



WELCOME

The *In Conversation Series* is a family-led initiative. It has been developed by Positive Pathways, in collaboration with individuals, family members, professionals, and the Inclusive Living Network.

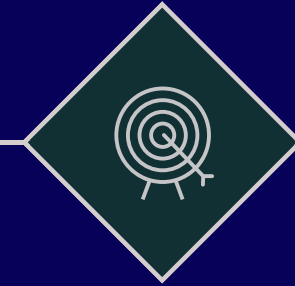
The In Conversation Series, What are the benefits for you?



Built on what Irish Families have told us they are looking for - an opportunity to come together to learn, grow, listen, share and build a community of support.



You can complete the In Conversation elearning sessions at your own pace.
Support offered through the peer learning webinars.
Useful information, easy to use templates and guidance next steps to enrich your learning journey.



Learning through the sharing of stories, experiences, and resources from families who are creating individual and inclusive support for their loved ones.
Adding your voice and story to the project to influence change in Ireland.

In Conversation Series, Family Leading Change, Positive Pathways



Learning Objectives



The focus of our conversations will be to create a safe welcoming learning space for families and to answers some of the questions they are facing such as:

The Role of Family



How to understand our natural authority and importance as a family member?
How to strengthen our voice as family members?
How to stay strong during times of challenge?
How to build resilience and plan for the future as a family?



Vision, Planning & Community life

Why it is important to have a vision for a good life for our loved ones?
How to create meaningful and positive valued roles within our community?
How do we support our loved ones to build positive relationships within their community?



Engagement with Services

What resources and skills are useful when linking in with services?
How to get the right support when asking for our loved one's needs?
What is **self-directed, personalised budgets**, & all practical elements of using your budget well.

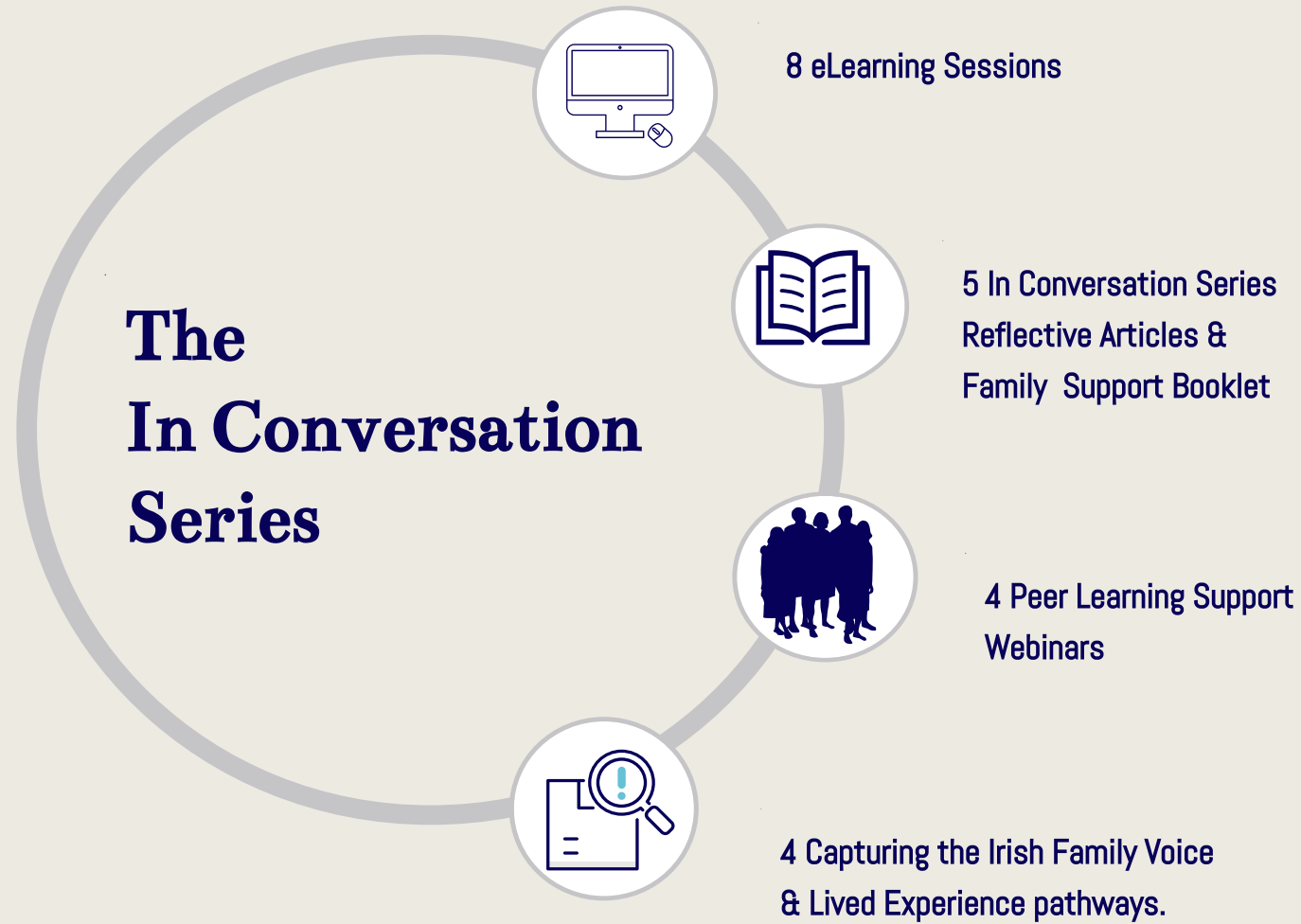


Family Stories

How can we learn from each other's experiences?
How to share our wisdom and lived experience as Irish families?
How to grow peer support for each other as families?

PROCESS

This blended learning experience will consist of the following elements and engagement with families.





The In Conversation Series

The series will focus on providing information to support you to develop your skill set and knowledge to support your family to enable change for your loved one.

eLearning Topics

1

Introduction,
Importance & Power
of Families

2

Society &
Disability

3

Community Living
& a Life of Meaning

4

Self-Directed Lives,
Engagement with
the System

5

Vision, Creating the
Life you want

6

The Importance of
Planning

7

The Power of
Relationships &
Circles of Support

8

Building &
Sustaining Resilience

The above topics will also be explored and discussed through the Peer Learning Webinars and through the In Conversation Series Written Material.

The In Conversation Series,

Meet the TEAM



Molly O'Keeffe

B.A., M.A., Family member, ILN
Member & Founder of Positive
Pathways



Aoife O'Toole

Family Ally, Change Agent & ILN
Member



Anne Motherway

B.A. and H.Dip., Psychotherapy Studies. A
family member, member of ILN. Early adopter
of the self-directed support model



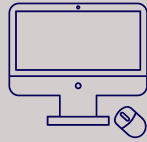
Willie Walsh

Founder of Glan Beo,
<https://www.clanbeo.org/> & ILN
Member

The In Conversation Series Elearning experience

A Blended learning approach

THE 8 ELEARNING SESSIONS WILL COMPLIMENT
THE OTHER ASPECTS OF THE IN CONVERSATION
SERIES.
IT WILL ALSO CONTAIN RESOURCE INFORMATION
LINKING FAMILIES TO USEFUL WEBSITES.



VIDEO & SLIDE BASED

Presenters walking families through the
content



READINESS CHECK

Opportunity for families to measure
where they are at with short quiz/survey



VIDEO INTERVIEWS

Recorded interviews with families who
have in-depth experience on the subject
matter.

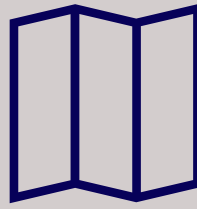


PODCASTS

Interviews with families, people with a
disability, and allies who are on the self-
direction journey.

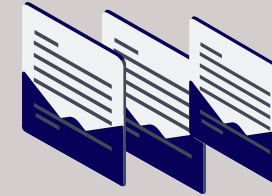
The In Conversation Series

Reflective Articles & Family support booklets



In Conversation Series REFLECTIVE ARTICLES

A series of reflective articles including practical information, feedback, and helpful tips including the Irish family's lived experience.

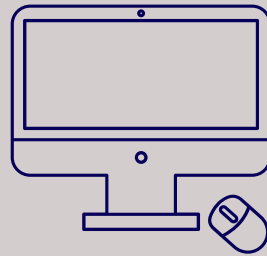


FAMILY PATHWAY SUPPORT BOOKLETS

Practical support, templates, and next steps but from the family lived experience.

The In Conversation Series

Peer Support Webinars & Capturing the Family voice



PEER SUPPORT WEBINARS

Family members undertaking the In Conversation series will be offered peer support in breakout groups with other families engaged in the series supported by a facilitator.



CAPTURING THE FAMILY VOICE

Family members will be invited to engage in pathways to capture their voice, lived experience, and what they feel would make the most positive change for families going forward.

The In Conversation Series
will be hosted on the
Inclusive Living
Network(ILN) website



ILN Website

The In Conversation Series will be hosted on the ILN website, engaged families will explore the learning process and resource materials through coded access.



Collaboration

Positive Pathways will work in partnership with the members of the ILN Network. Members including professionals, family members, and individuals will be invited to share their learning, wisdom, expertise, and knowledge from their lived experience to support the development of the podcasts and family stories. Their views and insights will also be hosted within the written documentation.



Co-Facilitation

The In Conversation Series will be facilitated by the project coordinator Molly O'Keeffe and members of the ILN Network. These will include family members and professionals who have the lived experience of personalised budgets and self-directed living.

The Inclusive Living Network ('the Network') is a unique network of individuals, families and agencies who are passionate and committed to promoting, enabling and demonstrating self-determined and inclusive lives for people who are labelled as having a disability. [www.http://inclusivelivingnetwork.ie/](http://inclusivelivingnetwork.ie/)

The In Conversation Series
will run over 8 weeks,
April to May 2021

For more information please contact:

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Facebook: Positive Pathways

THANK YOU